

What do I do with my hands?!

3 Tips from a professional Photographer on how to *ace* your portraits like a **PRO!**

Hi there!

I'm Jade, your local photographer here in Brisbane, QLD.

It can be sooo intimidating going to a photoshoot where it's **all about you.**

Being prepared is imperative to make the most out of the experience.

Here at my **top 3 tips** for how to position your hands during your photoshoot!



3 WAYS TO POSE YOUR HANDS DURING BRANDING PORTRAITS

01

Asymmetry

To avoid looking too stiff, it's best to have your hands doing opposite things. Example one hand in your pocket (keep the thumb out), the other could be resting by your side.

02

Give your Hands Something to Do

To maintain a natural look, give your hands a task. Perfect examples of this can be playing with a shirt button, adjusting a cuff, holding a prop (phone, laptop, book, glasses or adjusting your watch).

03

Relax your shoulders and limbs

Take a deep breath, relax your shoulders and think soft elbows, wrists and fingers. Delicate hands - no fists. You got this!

Relaxed Elbows



Delicate soft hands



One hand in pocket



Other hand by side/out of sight

